

## Spending to Save: Health Financing and Regulation for the Future

14 October 2025

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## INTEGRATED DYNAMIC HEALTH SYSTEM

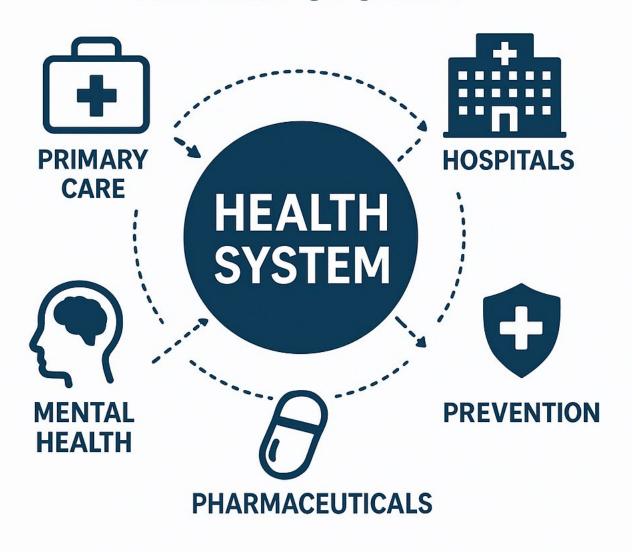
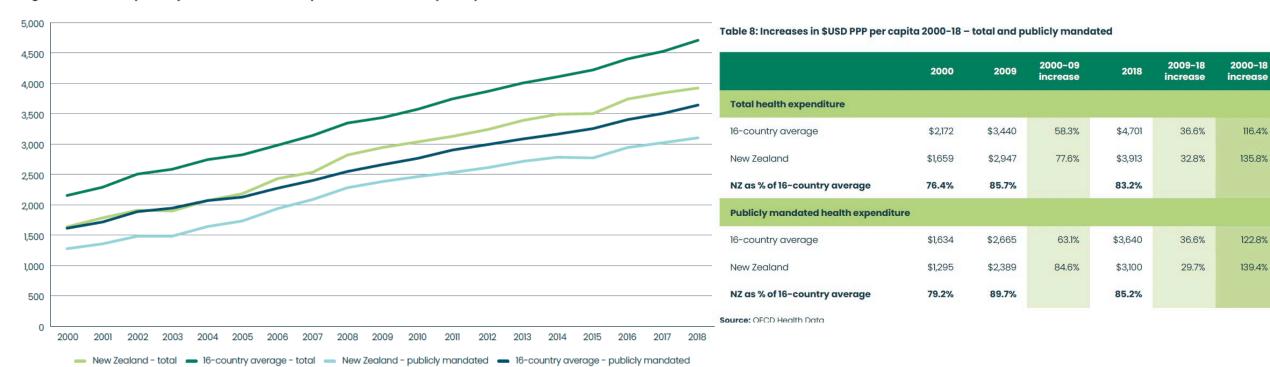


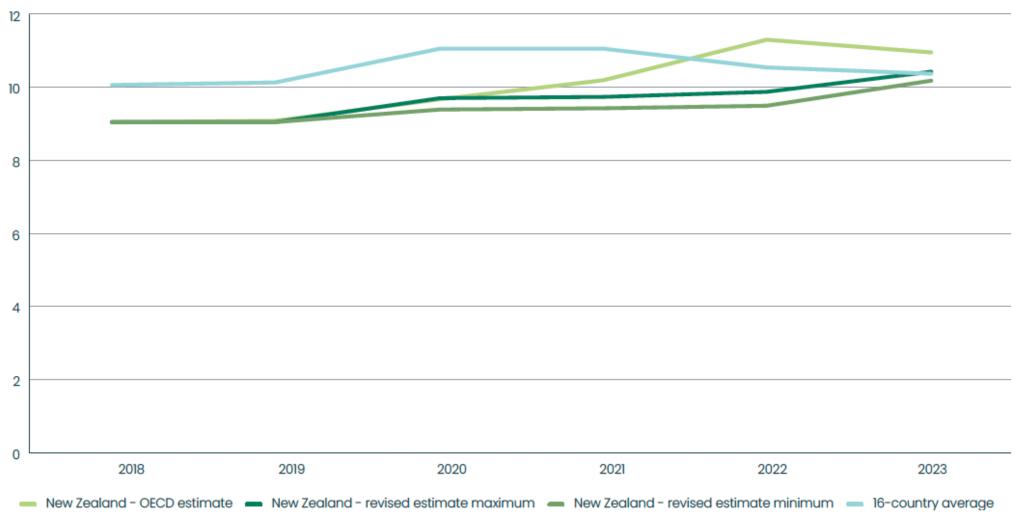
Figure 7: Total and publicly mandated health expenditure: \$USD PPP per capita, 2000-2018



Source: OECD Health data

Tenbensel and Lorgelly, New Zealand's health financing and expenditure: A comparative and historical review 2000-2023, ASMS Report September 2025.

Figure 10: Total health expenditure as % of GDP, 2018-2023 - revised comparison



Note: The 16-country average figures for 2022 and 2023 will include the tail-end of COVID-19 pandemic expenditure.

Tenbensel and Lorgelly, New Zealand's health financing and expenditure: A comparative and historical review 2000-2023, ASMS Report September 2025.

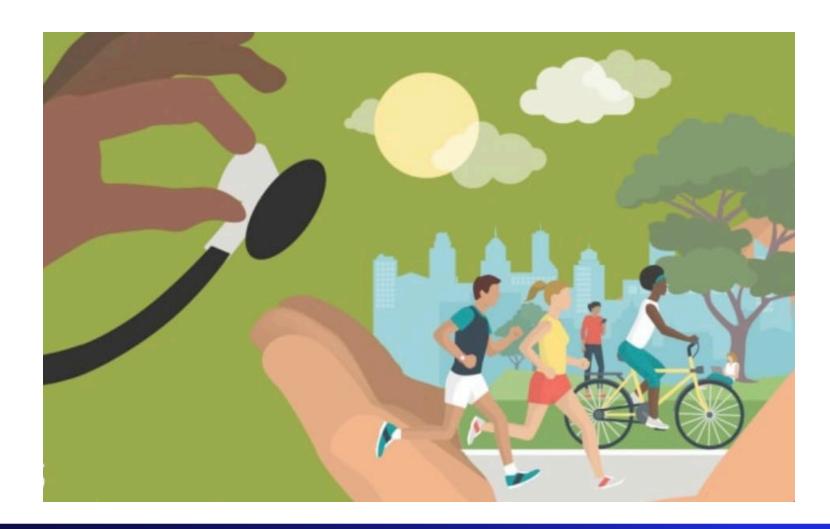
### Spending to Save

- Preventive Care

- Primary Care

- Pharmaceuticals

- Partnerships





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#### Health

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## Two hours of exercise a week reduces joint pain and visits to GP

Culture

Lifestyle

Study looks at how workouts can help those with hip, knee and back pain - and benefit UK economy to tune of £34bn

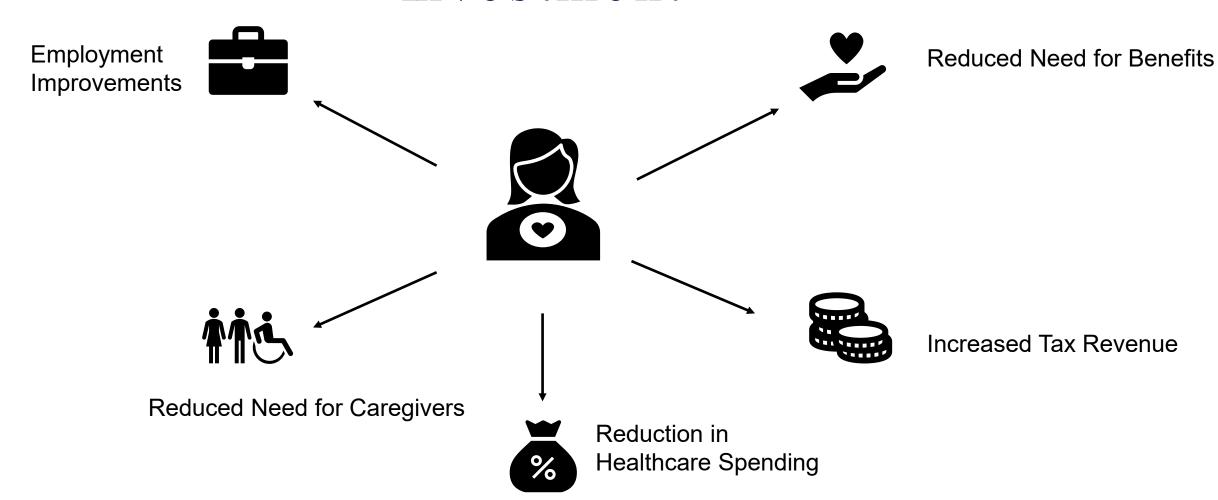
**Denis Campbell** *Health policy editor* 

Sun 5 Oct 2025 17.16 BST





### Societal Factors Impacted by Health Investment



# Thank you! Jaime.King@Auckland.ac.nz